Mechanics of tissue compaction

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Abstract

During embryonic development, tissues deform by a succession and combination of morphogenetic processes. Tissue compaction is the morphogenetic process by which a tissue adopts a tighter structure. Recent studies characterized the respective roles of cells’ adhesive and contractile properties in tissue compaction. In this review, we formalize the mechanical and molecular principles of tissue compaction and we analyze through the prism of this framework several morphogenetic events: the compaction of the early mouse embryo, the formation of the fly retina, the segmentation of somites and the separation of germ layers during gastrulation.

During embryonic development or pathologies, the cohesion of cells within tissues can evolve significantly. Tissue compaction is a process by which cells increase their cohesion. During tissue compaction, cells get in closer contact with their neighbors, a process associated to the spreading of cells onto one another. Failure in compaction can result in severe pathologies, such as isolated left ventricular non-compaction cardiomyopathy [1], or developmental arrest, in particular during compaction of the mammalian embryo [2,3]. Since adhesion molecules are essential to tissue compaction [4,5], this morphogenetic process is generally described as an adhesion process that is driven by adhesive forces [6-9]. However, recent measurements challenge the idea that adhesion molecules would be able to generate sufficient forces to deform tissues [10,11]. As any tissue shape change, tissue compaction results from the combined action of intra- and inter-cellular forces, which are not solely of adhesive nature. We will describe in this review how compaction relies in fact on the adhesive and tensile properties at cells’ surface, which are controlled by the adhesion and contractile machineries of the cell. Understanding the forces involved in cell-cell interactions is therefore essential to apprehend tissue compaction beyond its molecular aspect. In this review, we initially formalize the process of compaction and then use this framework to interpret several morphogenetic processes during embryonic development that involve some degree of tissue compaction.

Mechanics of tissue compaction

Tissue compaction is a fundamental morphogenetic process that relies on cells mechanical interactions. This mechanical coupling between cells is primarily governed by their surface properties. The spreading of a cellular interface is hence controlled by two main properties: adhesion, which fosters interface spreading, and surface tension, which, on the contrary, promotes interface shrinkage. In fact, adhesion and tension, despite being of distinct
nature, can both be counted in units of tensions. In physics, a surface tension is described as the cost of energy per unit surface (joule per square meter) or equivalently as a force per unit length (newton per meter). Adhesion is generally described as a negative surface tension, because it plays exactly the opposite role to a regular surface tension. In other words, adhesion and tension can be described in the same quantity and therefore can be added up.

In principle, the spreading of a specific interface will result from the balance of its tensile and adhesive forces. In particular, the contact angle characterizing the shape of a contacting interface results from the balance of the surface tensions at the contact and contact-free interfaces (Figure 1). Along the contact, both adhesive (negative) and tensile (positive) contributions add up. This process was formalized 200 years ago by T. Young [12] and A. Dupré [13] for the spreading of a liquid droplet on a surface. The analogy of cells and tissues with liquids was proposed 100 years ago by D. W. Thompson [14]. Since then, the mathematical description of tissues using the physics of wetting, and more generally the mechanics of fluids at small scales, has been very successful in describing a variety of morphogenetic events [6,7,15-21]. This description remains valid for any homogeneous fluid interface, alive or inert [22-24]. However, contrary to their inanimate counterparts, living materials can actively control those interfacial tensions in space and time.

For a minimal tissue composed of two identical cells (Figure 2), the spreading of the contacting interface depends on the surface tension $\gamma_{cm}$ at the cell-medium interface of each cell and on the cell-cell interfacial tension $\gamma_{cc}$ at the cell contact. In all generality, the medium surrounding the cells can be an extracellular medium or another tissue with different mechanical properties. For a given cellular interface, the Young-Dupré tension balance relates the contact angle to the cell-medium and cell-cell tensions: $\cos(\theta/2) = \gamma_{cc}/2\gamma_{cm}$ (Figure 2A). As a result, it is convenient to describe the shape of tissues by considering the geometry of contact points and contact edges within the tissue.

During tissue compaction, cells spread their contact onto each other while minimizing the interface of the tissue with its surrounding. Changing either of the cell-medium or cell-cell surface tensions will modify the compactness of the tissue (Figure 2B). Reducing the interfacial tension $\gamma_{cc}$ promotes contact spreading and therefore compaction. Alternatively, increasing the surface tension $\gamma_{cm}$ reduces the surface of the tissue and compacts it. In other words, the tug of war between the contact and interfaces outside of this contact is what shapes the contact. We define a dimensionless parameter $\epsilon = \gamma_{cc}/2\gamma_{cm} = \cos(\theta/2)$, which varies between zero and one. This parameter characterizes directly and uniquely the shape of contacts and hence the state of tissue compaction. The compaction parameter is close to one when the tissue is not compacted: the surface tension is half the interfacial tension ($\gamma_{cc} \sim 2\gamma_{cm}$). The compaction parameter is close to zero when the tissue is well compacted: the tension within the tissue is small compared to the tension at the surface of the tissue ($\gamma_{cc} \ll \gamma_{cm}$). In other words, the compaction parameter can be used as a quantitative measure of the compactness of a tissue. However, this parameter cannot tell if compaction is driven by an increase of $\gamma_{cm}$ or a decrease of $\gamma_{cc}$ or both. To determine the relative contribution of those two mechanisms, it is possible to evaluate $\gamma_{cm}$ and $\gamma_{cc}$.
or both by using laser ablation, laser manipulation, micropipette aspiration or atomic force microscopy [25-28]. Finally, to identify the actual motor of compaction, one has to characterize the molecular machinery that controls the surface tensions $\gamma_{cc}$ and $\gamma_{cm}$ at the cell-cell and cell-medium interfaces.

Molecular control of tissue compaction

Several cellular components are implicated in the control of tissue interfacial tensions in space and time: the plasma membrane, the acto-myosin cortex and adhesion molecules. However, they differ in their relative contribution and surface of action.

Within the cell, the plasma membrane and associated acto-myosin cortex generate and control cells interfacial tension. The plasma membrane can itself be under tension, which is generally of the order of a few to tens of piconewton per micrometer ($pN/\mu m$) [29-32]. The magnitude of the membrane tension is regulated by reservoirs of membrane, which can unfold when solicited [33,34], for example by contractility [35,36]. Although membrane tension is large enough to control some cellular behaviors, such as blebbing or polarity [32,37,38], the acto-myosin cortex associated to the plasma membrane can generate tensions up to a hundred times higher than that of the plasma membrane [39,40]. The cortex tension, which is typically on the order of tens to thousands of $pN/\mu m$ [27,28,38,39,41,42], is therefore considered to govern primarily the tension of cellular interfaces [43]. In other words, the forces of the membrane can generally be ignored compared to those of the cortex, as far as tissue compaction is concerned. The cortex is composed of cross-linked actin filaments bound to the plasma membrane [44,45]. The membrane-cortex attachment can be mediated by ERM (Ezrin-Radixin-Moesin) proteins [32,46], Myo1 [31,32] and/or, as recently proposed, the cadherin adhesion complex [47,48]. Myosin motors, and most generally non-muscle myosin 2, pull on this network and thereby generate a tension that is transmitted to the cell surface. The magnitude of the tension generated by the acto-myosin cortex is expected to depend on the density and turnover of the network as well as on the number and activity of motor proteins [43,49]. These molecular properties are regulated by signaling pathways, that often converge to Rho-GTPases [38,44,50] and the phosphorylation of the myosin regulatory light-chain [51-53] and heavy chain [54]. In summary, the acto-myosin cortex generates large forces that can pull on cell contacts and deform them. In this way, a tissue would compact because cells pull themselves into a tighter structure.

Adhesion molecules contribute negatively to interfacial tensions between cells and thus could promote interface spreading. Adhesion molecules bind to extra-cellular matrices or to adhesion molecules on the surface of neighboring cells [55]. Therefore, unlike contractility, adhesion molecules may only exert tensions at adhesive contacts. The magnitude of the adhesion tension that could be generated by adhesion molecules remains poorly characterized. However, it was estimated that the contribution of adhesion to cells interfacial tension is minor compared to the tension generated by the acto-myosin cortex [10,11]. It is difficult, however, to specifically manipulate adhesion tension because changing the number, or the activity of adhesion molecules has additional indirect effects. Indeed, adhesion molecules, such as cadherins or integrins, anchor the acto-myosin
cytoskeleton of the cell to its environment [10,56,57] and act as surface receptors that signal to the cytoskeleton [58-60]. Therefore, adhesion molecules can indirectly control interfacial tension via the acto-myosin cytoskeleton by modulating force transmission to the cells’ surroundings (adhesion coupling) and/or by changing its activity (adhesion signaling) [61]. In summary, to deform cell contacts, adhesion molecules can have a more significant effect by acting indirectly than by directly generating adhesive forces [61,62].

By modulating acto-myosin contractility and adhesion molecule activity, tissues will modify their compaction state. Acto-myosin directly generates large tensions that can be controlled in a cell-autonomous and interface-specific fashion. Adhesion molecules, among other signaling conduits, can modulate contractility and can indirectly control tension in a non-cell autonomous way.

Glossary:

Surface or interfacial tension: the energy required to decrease by a unit area a given surface (or interface). Similar as to liquids, surface tension gives cells and tissues an apparent stiffness, which resists mechanical stresses normal to the surface. Tensions are measured in newton per meter.

Cortex tension: contribution of the acto-myosin cortex to the interfacial tension. It is specific to one cell in a cell-cell contact.

Membrane tension: contribution of the plasma membrane to the interfacial tension. It is specific to one cell in a cell-cell contact.

Adhesion: process by which cells spread and stick to their surrounding.

Adhesion tension: negative tension arising from the binding of adhesion molecules (in principle, proportional to the binding energy times their surface density). Unlike cortex and membrane tension, it is associated to both contacting interfaces. Unlike adhesion coupling, adhesion tension acts only parallel to the contact surface.

Adhesion coupling: mechanical resistance of adhesion molecules (on the cell surface and cytoplasm) to forces that would detach cells from their adhesion site.

Adhesion signaling: biochemical changes resulting from the signaling of adhesion molecules upon binding.

Compaction parameter: dimensionless number describing both the shape of a tissue and the balance of forces shaping this tissue. When approaching 1, the compaction parameter describes cells with little cohesion and equivalent tensions on all their interfaces. When nearing 0, the compaction parameter reflects cohesive tissues with high surface tension with its surrounding.

Wetting: describes the extent of spreading of a liquid material on a surface. The wetting is partial when the contact angle is below 180° (like a mercury droplet on glass) and the wetting is complete when is above 180° (like a water droplet on glass). During tissue compaction, the contact angle remains below 180°. Complete wetting is typically reached when cells spread on a surface using protrusions such as lamellipodia [63,64], for which the framework presented here is not suited.
Using the mechanical framework presented above, we present an analysis of tissue compaction processes observed during embryonic development: from the simple observation of the geometry of cell-cell interfaces, one can conjecture, based on our framework, the relative value of tensions between interfaces within the tissue. This type of inverse problem approach, called force inference methods, was recently developed on a rigorous mathematical basis to deduce the relative interfacial tensions between cells from the sole analysis of their 2-dimensional shape in epithelial tissues [65-69]. Here we develop a more naive approach and argue that, together with the localization of adhesive and contractile molecules, the simple analysis framework above is often sufficient to develop a good understanding of how a morphogenetic event is driven. Functional biological tests can then be accurately designed to evaluate the working hypothesis. Using this mechanical framework, in the following sections, we will describe examples of morphogenetic events occurring during embryonic development for which some geometrical, mechanical and/or molecular data are available. We will start with the simplest case: the compaction of the 8-cell stage mouse embryo during which the whole embryo increases its compactness. We will then discuss the formation of the fly ommatidium in which a cluster of four epithelial cells compacts within its surrounding tissue, before moving to somitogenesis during which thousands of cells separate into a compact block of heterogeneous tissue. Finally, we will extend our analysis to the more complex case of gastrulation, when the germ layers change their compactness while they segregate from one another and interact with extra-embryonic tissues and the extra-cellular matrix.

Compaction of the mouse embryo

The most emblematic example of tissue compaction during embryonic development takes place at the beginning of mammalian development [70]. Formally denominated “compaction”, this developmental process consists in the spreading of the blastomeres onto each other. During the 8-cell stage of the mouse embryo, the compaction parameter drops from ~0.7 to ~0.2 transforming a grape-like cluster of cells into a mulberry-like ball (Figure 2A) [27,71]. This gave the name “uvomorulin” (from the latin uvo meaning “grape” and morula for “mulberry”) to the cell-cell adhesion molecule now called Cdh1 (for Cadherin1, also known as E-cadherin) that is required for compaction to occur [4,72,73]. It was therefore generally assumed that increased expression or post-translational modifications of Cdh1 increases cell-cell adhesion and drives compaction [2,3,7,9,74]. Interestingly, it was shown that an intact actin cytoskeleton is also required for compaction to occur [75]. So far, the role of actin in the early mouse embryo was linked to its binding to adhesion molecules and to the establishment of apico-basal polarity [76]. Cell polarization also occurs during the 8-cell stage but it is not required for compaction [77] or vice versa [78]. In this historical view, compaction is driven by the adhesion complex increasing cells’ “stickiness” (Figure 2B).

Recently, two new studies have proposed alternative mechanisms for compaction involving both actin and cadherin. In a first study [79], Fierro-González, White et al observe thick adhesive filopodia growing at the surface of a subset of the blastomeres of the 8-cell stage mouse embryo. After qualitatively probing cells tension using laser ablation of cells surface, they
propose that adhesive filopodia exert pulling forces on neighboring cells, and that these pulling forces compact the embryo. In a second study [27], Maître et al (authors of this review) use non-invasive micropipette aspiration to quantitatively measure all blastomeres’ interfacial tensions in space and time. The authors find a two-fold increase of the cell-medium surface tension \(\sigma_m\) and a \(1/3\)rd decrease of the cell-cell interfacial tension \(\sigma_c\) during compaction. Using the mechanical framework presented above, the authors predict that \(3/4\)th of compaction is explained by the increase in cell-medium surface tension, while \(1/4\)th only can be attributed to the decrease of tension at cell-cell contacts.

Both studies report that tension at the surface of the embryo is larger than at cell-cell contacts. Therefore, both studies conclude that, contrary to previous hypotheses, adhesive forces are not the only or the main driver of compaction. However, while contractility is a cell-autonomous force generator, adhesive filopodia are a non-autonomous process as they operate by pulling on neighboring cells. When measuring the tension of cells genetically devoid of Cdh1 or mechanically isolated from the embryo, both being unable to grow filopodia to pull on their neighbors, Maître et al find intact surface tensions, indicating that tension generation is cell-autonomous. Moreover, the knock-down of Myosin 10, which is essential for filopodia formation [80], in one half of the embryo presented in Fierro-González, White et al shows that the healthy half of the embryo does not seem to rescue the injected half, which supports a cell-autonomous mechanism, in contrast with the authors conclusions. Therefore, cell-autonomous acto-myosin contractility is the most realistic force generator for embryo compaction. A putative role of adhesive filopodia might be to provide adhesion signaling, which is essential for mouse embryo blastomeres to survive [81].

The mechanism by which contractility decreases the compaction parameter is by modulating its localization and/or activity between different interfaces. During compaction, acto-myosin accumulates at the surface of the embryo while it clears from cell-cell contacts [27]. In this view, the embryo compacts by forming an effective contractile shell at its surface (Figure 2B). If the increase in contractility is cell-autonomous, the decrease of contractility requires Cdh1 to signal at cell-cell contacts, as indicated by ectopic accumulation of acto-myosin at cell-cell contacts of maternal zygotic Cdh1 knock-out embryos [3,27]. Therefore, Cdh1 is required for compaction to occur, in agreement with previous studies [2-5,73], but, contrary to previous conclusions, its role is not to directly generate forces but to clear acto-myosin away from contacts to facilitate the work of contractile forces generated at the cell-medium interface [27,58,59]. Another function of adhesion molecules, which was not investigated in the compacting embryo may be to transmit the contractile forces across the cell-cell contact [10,56,82]. The cell-autonomous signal that triggers the increase in contractility in each blastomere remains unknown and will surely be the focus of future studies.

**Ommatidium**

During morphogenesis of the fly retina, cells group together to form hundreds of ommatidia, the photoreceptive units of the compound eye. Each ommatidium is composed of eight epithelial cells. At the level of their apical adherens junction belt, the cells within an ommatidium compact distinctly,
which is essential for retinal function (Figure 3B). The cone cells in the center of the ommatidium strongly compact (~ 0.3) and minimize their contact to the surrounding pigment cells, which, in a way, act like the surrounding medium in the compacting mouse embryo. Careful analysis of cell shape in combination with powerful genetics described how differences in cadherin expressions control the geometry of the ommatidium [83]. The quantitative data allowed for modeling and simulation of ommatidium morphogenesis with great accuracy [17]. The model predicted the tensions of each interface, which, however, remain to be experimentally measured. Interestingly, to faithfully simulate ommatidium compaction, the model must consider not only the differences in cadherin expression but also cells’ contractility. Although the role of myosin was investigated during the initial formation of the cell cluster that eventually constitutes the ommatidium [84], little is known about contractility within the maturing ommatidium. Therefore, it is unclear whether differences in cadherin expression directly translate into different adhesive forces sufficient to drive compaction of the cone cells or, alternatively, if the role of cadherins is to control interfacial tension indirectly via signaling to contractile elements, like during mouse embryo compaction.

**Somitogenesis**

During gastrulation, the lateral mesoderm segments itself into blocks of tissue called somites. Somites form one after the other during body elongation when groups of cells separate into compact blocks of tissue. With the development of live-reporters [85,86], major advances were made in our understanding of the periodic specification of the pre-somatic mesoderm. This has led to comprehensive quantitative models of somitogenesis [87,88]. However, little is understood, in comparison, about the final step of somitogenesis: the segmentation of a new somite block, since the cellular processes controlling the segmentation need further characterization.

During somitogenesis, the cells at the nascent boundary of somites change their surface proteins composition, notably their adhesion molecules [89]. In chicken embryos, N-CAM (Neural Cell Adhesion Molecule), an adhesion molecule of the immunoglobulin super-family [90,91], becomes restricted to cells present at the surface of the segmenting somite, whereas cells within the somite express Cdh2 (also known as N-Cadherin) [92]. At the same time, EphA4, of the ephrin receptor family of receptor tyrosine kinase, becomes restricted to the anterior part of the somite where it could interact with the ligand ephrinB2 present at the posterior part of the somite [93]. This molecular redefinition of the tissue has been proposed to modify the tensions of the forming somite with surrounding tissues, in particular with the pre-somatic mesoderm [94]. Surface energy minimization, which is, to some conditions, equivalent to considering the balance of surface tensions at cell edges, is sufficient to generate a new compact somite block *in silico* [88,94]. From a mechanical point of view it is uncertain that N-CAM or ephrin localization at the surface of the forming somite may directly generate forces rounding up the somite. Instead, signaling to the acto-myosin cytoskeleton may once again be a better candidate for regulating the forces compacting new somites. For example, the presence of ephrin receptors at the anterior and posterior sides of the forming somites may regulate the local contractility [95], like for germ layer separation in amphibian embryos. This could reduce
the contacting surface between the forming somite and the pre-somitic mesoderm. However, myosin localization has not been investigated enough during somite formation. At this stage, too little is known to distinguish among the initial mechanical models of somite formation and contractility-dependent rounding [88,94,96]. Quantitative measurements of tissues mechanical properties, together with careful temporal analysis of tissue remodeling and contractile elements localization, may help us understand how somites form.

**Gastrulation**

Gastrulation is the process by which the three germ layers acquire their distinct molecular signatures and position themselves within the body to form all somatic tissues. During fly, amphibian, fish or mouse gastrulation, the mesoderm becomes less compact than the ectoderm (whether it is an epithelium or not). *In vitro*, mixing these cells results in self-organized sorting into distinct layers with the most compact tissue positioned at the center of the cell mass [28,97]. The understanding of cell sorting and of its hierarchy greatly benefited from the original hypotheses from J. Holtfreter [98] and from the pioneering work and idea of M. S. Steinberg, who formulated 50 years ago the differential adhesion hypothesis [15]. During his career, M. S. Steinberg showed and measured that tissues have an effective tissue-scale surface tension that controls their relative positioning when they are mixed [20]. For example, as measured both in zebrafish and frog embryos, the more compact ectoderm shows a higher tissue surface tension than mesoderm [99,100]. This causes the ectoderm to be surrounded by mesoderm when the two different cell types or tissues are mixed. However, the tissue surface tension and compactness does not necessarily correlates with the number of adhesion molecules, as earlier proposed by M. S. Steinberg [7,101]. On the contrary, in the zebrafish embryo, for instance, ectoderm, the most compact tissue, expresses less cadherin adhesion molecules than the comparably less compact mesoderm tissue (Figure 3C) [28]. Instead, the higher contractility of ectoderm compared to mesoderm cells is directly responsible for the difference in tissue surface tension, compaction and sorting [10,28]. Regardless of the levels of expression of cadherins, the contribution of adhesion forces to the compaction of ectoderm or mesoderm tissues was found negligible when compared to that of contractility [10]. How adhesion molecules modulate contractility remains to be elucidated in zebrafish embryos. In amphibians, adhesion signaling is mediated by the paraxial protocadherin (PAPC or protocadherin-8) and ephrin receptors, which regulate contractility at cell-cell contacts [95] and tissue surface tension [102]. Throughout decades of quantitative experimental characterization of cell sorting, theoretical modeling supported and tested the different mechanisms that were proposed. Numerical simulations validated the idea that either an increase of cells adhesiveness [103] or more generally a differential of interfacial tensions involving cells contractility [18,28] could, in theory, control tissue compaction and sorting. Only by measuring the relative contribution of adhesive and contractile forces can we distinguish between the two theoretically plausible mechanisms.

Although germ layer progenitors robustly sort from one another when mixed, it remains unclear whether this is the mechanism by which germ layers actually separate during normal development [104]. In fact, the configuration
obtained after cell sorting in vitro, with ectoderm enveloped by mesoderm, is opposite to the situation in vivo. The presence of additional interfaces could control the sorting direction. In zebrafish for example, additional interfaces may be extra-embryonic tissues such as the yolk syncytium to which mesoderm cells adhere [105] or the enveloping layer [106]. Recently, extracellular matrix (ECM) has been used to invert the sorting configuration of luminal and myoepithelial mammary gland cells [107]. As mentioned earlier, when cells with different compaction parameters are mixed, the most compacted tissue (the myoepithelial cells here) consistently adopts the inner position, enveloped by less compacted tissues (the luminal cells here). However, adding ECM outside the aggregate can reverse this organization because only the myoepithelial cells adhere significantly to the ECM (Figure 2D) [107]. Similar mechanisms by which additional interfaces control the direction of sorting could apply during gastrulation. In fact, adding such interfaces to isolated germ layers changes their surface tensions and shape [108]. Future studies will help understanding whether ECM and extra-embryonic tissues provide signaling and/or mechanical scaffolds to correctly arrange the germ layers.

Conclusion

Because tissue compaction is a developmentally regulated adhesion process, great efforts were made to characterize the adhesion molecules required for tissue compaction to occur. However, recent studies now emphasize the essential role of contractility in controlling the interfacial tensions driving tissue compaction. This conceptually adjusts our vision of tissue compaction, which is not necessarily a process of increased adhesiveness between cells but rather of differential interfacial contractility. In this case, adhesion molecules act as signaling and mechanical scaffold molecules, rather than force generators. How adhesion molecules instruct contractility to act at different interfaces remains to be elucidated in most systems. Several pathways, both in cell culture [59] and developing animals [19,58,109,110], may constitute good candidates for future studies. This will be key to understand how morphogenetic events are orchestrated during development.

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Figure 1: Adhesion of a droplet, vesicle or bubble to a surface
Schematic of an inert droplet, vesicle or a bubble adhering onto a surface. The adhesion can be counted in terms of tension, but it acts in the direction opposite as the surface tension along the contact. The spreading is described by the contact angle $\theta/2$ and is governed by the Young-Dupré tension balance at the contact: $\cos(\theta/2) = (\text{tension} - \text{adhesion}) / \text{tension}$. 

Young-Dupré equation
$$\cos(\theta/2) = (\text{tension} - \text{adhesion}) / \text{tension}$$
Figure 2: Mechanical control of compaction

A – Schematic of a minimal tissue from low (left) to high (right) compaction. The degree of compaction is given by the angles of contact (magenta), which results from the ratio of tension within the tissue $\gamma_{cc}$ (green) and between the outside of the tissue and its surrounding $\gamma_{cm}$ (red). Therefore, the compaction parameter $\alpha = \gamma_{cc}/2\gamma_{cm}$, as given by the Young-Dupré equation, reflects both the degree of compaction and the balance of tensions.
in the tissue. Compaction corresponds to a decrease of the compaction parameter.

B – Compaction occurs when the tension $c_m$ increases (top right) and/or the tension $c_c$ decreases (bottom right). Contractility controls both $c_m$ and $c_c$. Adhesion may theoretically control $c_c$ directly, but its signaling to decrease contractility at cell-cell contacts constitutes the primary influence of adhesion to tissue compaction.

**Figure 3: Examples of homogeneous and heterogeneous tissue compaction processes**

In these examples, the compaction parameter could be calculated from published quantitative data. The compaction parameter is written next to the corresponding contacting interface.

A – Schematic of a compacting mouse embryo. During the 8-cell stage, the compaction parameter decreases homogeneously as the tension at the cell-medium interface ($c_m$, red) doubles and the tension at the cell-cell contact ($c_c$, green) decreases by 1/3. These temporal changes are primarily controlled by contractility, not adhesion [27].

B – Schematic of an ommatidium of a drosophila retina. During ommatidium morphogenesis, the primary pigment cells (blue), expressing Cdh1 only, surround the cone cells (red), which express both Cdh1 and Cdh2. Interfaces containing Cdh2 (green) have a lower tension than those with Cdh1 only (white), as suggested by the compaction parameters [17]. Additional pigments cells are in black.
C – Schematic of ectoderm and mesoderm homotypic doublets (top) and of a sorting experiment of ectoderm and mesoderm germ layers (bottom). During gastrulation, ectoderm and mesoderm compact differently due to their differences in tension both at the cell-medium and cell-cell interfaces [10,28]. This is primarily controlled by contractility, not adhesion [10]. When mixed, ectoderm and mesoderm progenitors sort out so that the tissue of highest compaction (ectoderm) is enveloped by the tissue of lowest compaction (mesoderm) [28].

D – Schematic of luminal (LEP, black) and myoepithelial (MEP, grey) mammary gland homotypic doublets (top), of individual LEP and MEP cells on extracellular matrix (ECM, red) and of a sorting experiment with or without external ECM. MEP cells are more compact than LEP cells, causing MEP cells to sort to the inside when mixed with LEP cells. This is the opposite configuration to the one observed in vivo and modifying cell-cell adhesion molecules expression does not explain this sorting reversal [111,112]. Unlike LEP cells, MEP cells adhere to ECM. In the presence of ECM around the cell aggregate during the sorting experiment, MEP cells stick to the ECM and remain on the outside while LEP cells now sort to the inside [107].
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